

Procedure Instructions - PEG Tube

Preparation

- Plan to have someone you know drive you home. Since the procedure is usually performed with intravenous sedation, you will be instructed to not drive a car or return to work until the next day.
- Contact the physician and inform him or her of any special needs, medical conditions, latex allergy or current medications you are taking.

1 Week Before Procedure

- You may have diet and/or medication restrictions the week prior to the exam. Please refer to your physician for detailed instructions.

Day of Procedure

- No food or liquids (this includes water) minimally 6 hours prior to the procedure.
- After the procedure, the following information will be reviewed with you:
 - How to care for the skin around the tube.
 - Signs and symptoms of infection.
 - What to do if the tube is pulled out.
 - Signs and symptoms of tube blockage.
 - How to empty (decompress) the stomach through the tube.
 - How and what to feed through the gastrostomy tube.
 - How to conceal the tube under clothing.
 - What normal activities can be continued.