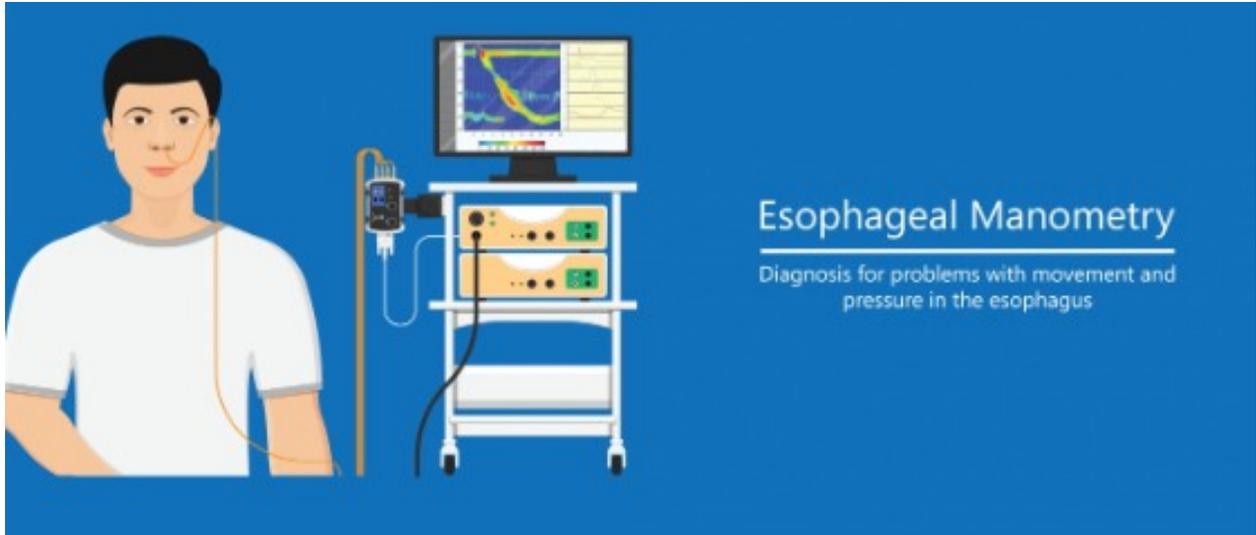


Esophageal Manometry Preparation



Preparation for the patient prior to the procedure:

1. If you are on any of the following (GLP-1 agonist) medications, you will need to **stop them 7 days prior** to test:
 - a. Ozempic, Wegovy, Zepbound, **or** Mounjaro
2. If you are on any of the following medications, you will need to **stop them 5 days prior** to test:
 - a. Reglan, Azithromycin **or** Erythromycin
3. **Nothing** to eat or drink 6 hours prior to procedure

During the test:

1. The catheter is guided through the nose and advanced into the esophagus, during the test, the patient swallow's small sips of water while the provider records information.
2. You are awake for this procedure. You do **NOT** need a driver.

Rationale for test:

1. Shows if the esophagus is working properly. The test measures and records pressures, speed, and patterns of esophageal muscle contractions
2. The physician will review the test within 1-2 weeks after reviewing the computer results.
3. Please call the office at 952-368-3800 if you have not heard anything after waiting 2 weeks.

Procedure date: _____ **Time of arrival:** _____