

## **Liver Biopsy (External) Prep**

**\*\*Please read through this entire document completely to ensure you have all important information regarding your procedure\*\***

### **\*\*Important notices\*\***

#### **-Arrival time is 1 hour prior to procedure time.**

- It is the responsibility of the patient to ensure we are within your insurance network. Please call the number on the back of your insurance card to verify insurance coverage prior to your appointment to avoid receiving an unplanned bill amount.

- Please note that we require 48 hour notice for cancellation and rescheduling. Appointment changes made within 48 hours notice may be subject to cancellation fees.

- You will be receiving an email/text prior to your appointment date to complete your registration. Please complete this PRIOR to your appointment time to decrease wait time at check-in.

- Be sure you have a driver as well as a responsible adult to be with you for 24 hours after your appointment. We **cannot** accept Uber/Lyft or other **non**-medical ride share/taxi services as an acceptable form of transportation. If you come to your appointment without acceptable transportation; your appointment WILL be canceled.

- Balances and Co-pays are due at time of check in; if we are unable to collect payment, your appointment may be canceled.

- If you have a remaining deductible with insurance, you may receive a call from our business office to inform you of the amount due. This MUST be taken care of at check-in time the day of your appointment.

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### **In Preparation:**

1. If taking a blood thinning medication; typically, we like Coumadin (Warfarin) and Plavix (Clopidogrel) to be stopped 5 days prior to procedure. Eliquis, Xarelto, and Pradaxa are held 2 days prior to procedure. If you are on Coumadin or Warfarin, an INR will be checked prior to your procedure at the facility.
2. Do not take Aspirin the day of your procedure.
3. Hold injectable weight loss or diabetic medications such as Wegovy, Mounjaro, Ozempic, etc. 1 week prior to procedure.

### **The Day of Your Procedure:**

1. Nothing to eat or drink after midnight the night before the procedure. If your procedure is scheduled for the afternoon, you may have clear liquids up to 6 hours prior to the procedure but nothing after that time.

**\*No chewing tobacco, gum, mints, candy etc. \***

2. Arrive for your procedure at the scheduled **ARRIVAL** time – unless you were unable to complete online pre-registration. **Bring** a list of your current medications, your insurance card(s), and your drivers license; or your procedure may be canceled.
3. You may be given sedation to help you relax so we ask that you have a driver.
4. Make sure to use the restroom before going back into your procedure because you will need to remain in bed for 4 hours after procedure.
5. Your driver is welcome to come in and wait with you until you are taken to the intake area, once you are taken back your driver may leave at any time. A nurse will call your driver when you are in recovery. Inform your driver they should check in at the front desk once they receive the call. They will be escorted back to you.
6. Before your procedure, you'll have a blood test to check your bloods ability to clot.
7. You **CANNOT** drive a car, take a taxi, Lyft, Uber, or bus home. Your procedure will be canceled and rescheduled for a later date if this is not prearranged.
8. **\*If accompanying a minor you must stay in the facility the whole time of the appointment\***
9. You can expect to be in recovery for around 4 hours. Expect to feel a little groggy after your procedure if you receive sedation.
10. Plan to be at the surgery center for 5-6 hours. **\*Wait times may vary\***

**After Your Procedure:**

1. Do not lift heavy objects (more than 20lbs.) for 3-4 days. If your usual activity involves lifting, ask your doctor what is safe for you.

**You will be provided with discharge instructions prior to departure.**

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**Please call us at 952-368-3800 for any questions  
before or after your procedure.**

**Bhatti Surgery Center:**  
**1447 White Oak Dr, Chaska MN 55318**  
(First door closest to the entrance of the parking lot)

**Southdale Specialty Surgical Center:**  
**6500 Barrie Rd. (Level 3) Edina MN, 55435**  
(park in level 1 parking ramp – entrance in far right corner)

**\*\*Note: We try our best to keep your scheduled time; however, there may be a situation when we may need to change your procedure time; wait times may also vary. We try our best to stay on schedule for all patients, however we cannot anticipate if some patients may need more treatment than others. Please be patient with our reception and nursing staff as wait times may vary.**

### **PREP CHECKLIST:**

|  |                                                                                      |
|--|--------------------------------------------------------------------------------------|
|  | Call your insurance to verify Bhatti GI Consultants is within network                |
|  | Set up a driver                                                                      |
|  | Watch for pre-call from nursing to discuss medical history and procedure information |